ANTI-RACISM SUGGESTED RESOURCES

This is not meant to serve as an exhaustive list, but rather a compilation of resources organized by theme to start or continue your journey.

Books

- 1. How to be an Antiracist by Ibram X. Kendi
- 2. Fatal Invention by Dorothy Roberts
- 3. Just Mercy by Bryan Stevenson
- 4. So You Want to Talk About Race by Ijeoma Oluo
- 5. White Fragility: Why it's So Hard for White People to Talk about Racism by Robin DiAngelo
- 6. Black Man in a White Coat: A Doctor's Reflections on Race and Medicine by Damon Tweedy
- 7. The Racial Healing Handbook by Anneliese A. Singh
- 8. Medical Apartheid by Harriet A. Washington
- 9. Killing the Black Body by Dorothy Roberts
- 10. Medical Bondage: Race, Gender, and the Origins of American Gynecology by Deirdre Cooper Owens
- 11. The Protest Psychosis: How Schizophrenia became a Black Disease by Jonathan M. Metzl

Resource Collections

- 1. Medicine and Race: AMS Annotated Bibliography
- 2. Showing up for racial justice resources
- 3. USC Anti-racist pedagogy guide
- 4. <u>American Public Health Association</u> (scroll to bottom of page)
- 5. Compendium of Antiracism Resources for White People
- 6. Scholarship Supporting the Fight Against Racism and Inequality
- 7. Anti-racist packet
- 8. Anti-racism resources
- 9. AAMC Collection on Racism and Health
- 10. An antiracist-science reading list
- 11. Academic Medicine Collection on Addressing Race and Racism in Medical Education
- 12. Brown University Resources

Consensus Reports

1. <u>Unequal treatment: confronting racial and ethnic disparities in Health Care</u>

Clinical Resources

1. Mind the Gap: A handbook of clinical signs in Black and Brown skin.

Alpert Medical School Teaching Resources

- 1. Video: Reviewing Didactics for Inclusivity
- 2. Creating Inclusive Curricula
- 3. Incorporating the Principles of Inclusive Teaching in Your Instructional Practice
- 4. Working Definitions for Equity

Articles

Perspective Pieces

- 1. This Is What I Want To Tell My White Professors When They Ask, 'How Are You Today?'
- 2. How to be a better white friend (or, how to care for your black friends well)
- 3. How medicine perpetuates the fallacy of race
- 4. The emotional impact of watching white people wake up to racism in real-time
- 5. Allies, Don't Fail Us Again
- 6. When black people are in pain, white people just join book clubs
- 7. Accomplices Not Allies: Abolishing the Ally Industrial Complex
- 8. Racism's Hidden Toll
- 9. Dermatology has a problem with skin color
- 10. Medical schools, it's time to get real about becoming anti-racist
- 11. From race-based to race-conscious medicine: how anti-racists uprisings call us to act
- 12. Addressing anti-black racism in higher education: love letters to blackness and recommendations to those who say they love us
- 13. Without sanctuary

History of Race in Medicine

1. The female physician who popularized the Pap smear

White Privilege

- 1. White Privilege: Unpacking the Invisible Knapsack
- 2. Perspective I When black people are in pain, white people just join book clubs
- 3. Me and White Supremacy Workbook

Racial Caucusing

- 1. Tips for creating effective white caucus groups
- 2. Becoming an Anti-Racist White Ally: How a White Affinity Group Can Help

Medical Education

1. <u>Racism and Bias in Health Professions Education: How Educators, Faculty Developers,</u> and Researchers Can Make a Difference

- 2. <u>Structural Competency Meets Structural Racism: Race, Politics, and the Structure of Medical Knowledge</u>
- 3. Are We Teaching Racial Profiling? The Dangers of Subjective Determinations of Race and Ethnicity in Case Presentations
- 4. <u>Unconscious (Implicit) Bias and Health Disparities: Where Do We Go from Here?</u>
- 5. Can a Woman of Color Trust Medical Education?
- 6. Medical Education and the Tyranny of Competency
- 7. Mentioning race at the beginning of clinical case presentations: a survey of US medical schools
- 8. Structural Racism and Supporting Black Lives The Role of Health Professionals
- 9. Taking race out of human genetics
- 10. <u>Do Words Matter? Stigmatizing Language and the Transmission of Bias in the Medical Record</u>
- 11. <u>Using Language That Reflects Who Is the Center of Our Care</u>
- 12. Critical Race Theory, Race Equity, and Public Health: Toward Antiracism Praxis
- 13. White Privilege in a White Coat: How Racism Shaped my Medical Education
- 14. <u>The Discriminatory Patient and Family: Strategies to Address Discrimination Towards</u>
 Trainees
- 15. <u>Commentary: Racism and Bias in Health Professions Education: How Educators, Faculty Developers, and Researchers Can Make a Difference</u>
- 16. Implicit Bias in Health Professions: From Recognition to Transformation
- 17. Towards the abolition of biological race in medicine
- 18. Reconsidering systems-based practice
- 19. Diagnosing and treating systemic racism
- 20. Racism is a public health issue SNMA
- 21. <u>How Structural Racism Works Racist Policies as a Root Cause of U.S. Racial Health</u> Inequities
- 22. Misrepresenting race the role of medical schools in propagating physician bias

Clinical Articles

- 1. Racism and Hypertension: A Review of the Empirical Evidence and Implications for Clinical Practice
- 2. Racial bias in pain assessment and treatment recommendations, and false beliefs about biological differences between blacks and whites
- 3. The impact of racism on child and adolescent health
- 4. Hidden in Plain Sight Reconsidering the Use of Race Correction in Clinical Algorithms
- 5. Racism and health: evidence and needed research
- 6. Prognostic impact of race in patients undergoing PCI
- 7. Enhancing reviews and surveillance to eliminate maternal mortality
- 8. <u>A system-based intervention to reduce Black-White disparities in the treatment of early</u> stage lung cancer: A pragmatic trial at five cancer centers

- 9. When actions speak louder than words racism and Sickle Cell Disease
- 10. In search of a better equation performance and equity in estimates of kidney function
- 11. Race and genetic ancestry in medicine

Curriculum

- 1. MedEdPortal Anti-racism in Medicine Collection
- 2. Exploring Racism and Health
- 3. Clinical Prevention & Population Health Curriculum Framework

Faculty Development Opportunities (Websites, Articles)

- 1. Step-by-step Antiracism for POC and White People
- 2. Talking about Race from the Smithsonian
- 3. Naming Racism
- 4. Decolonizing Teaching
- 5. Facing History Discussing the Murder of George Floyd
- 6. Racial Equity Tools
- 7. Raceworks toolkit
- 8. For White Educators
- 9. Addressing Racism in Medical Education An Interactive Training Module
- 10. What is Juneteenth?

Podcasts/Audio

- 1. Teaching While White
- 2. The Praxis: Connecting theory and practice for health justice
- 3. UW CLIME Critical Teaching Series
- 4. The Curbsiders
- 5. Seeing White
- 6. First Reckoning
- 7. Not Built For Us: Audio Essays on Medicine, Structure, & the Marginalized

Bystander Training

- 1. Video: Don't be a Bystander
- 2. Active Bystander Training
- 3. AdvanceGeo Partnership
- 4. Bystander Anti-racism: A Review of the Literature
- 5. Review of bystander approaches in support of preventing race-based discrimination
- 6. Bystander Intervention Training
- 7. Bystander antiracism: a review of the literature

<u>Allyship</u>

1. Justice in June

- 2. How to talk to your white friends and family about racism
- 3. Things White People can do for Racial Justice

COVID

1. <u>Inside the Historical Roots of the Pandemic's Racial Disparities</u>

Videos

- 1. The Difference Between Being "Not-Racist" and Anti-Racist
- 2. TED Talks on Race
- 3. The Problem with Race-based Medicine
- 4. How microaggressions are like mosquito bites

Microaggressions

- 1. Examples of Microaggressions
- 2. Here's how to respond to microaggressions
- 3. How to respond to microaggressions
- 4. A guide to respond to microaggressions
- 5. Microaggressions and micro-affirmations
- 6. The impact of microaggressions
- 7. Tool: Interrupting Microaggressions
- 8. Responding to microaggressions and bias
- 9. Recognizing and responding to microaggressions in medicine and surgery
- 10. Interrupting bias: calling out vs. calling in
- 11. Speaking up: responding to everyday bigotry
- 12. Addressing microaggressions in academic medicine