



Antiracist Clinical Case Documentation Tips

These are suggestions provided to students in the classroom to help mitigate stigmatizing language. We recommend they utilize these principles when completing clinical case presentations (oral presentations and write-ups).



Antiracist idea: any idea that suggests racial groups are equal in all their apparent differences—that there is nothing right or wrong with any racial group

Racist idea: any idea that suggests one racial group is inferior/superior to another racial group in any way



Avoid race as a descriptor

Race has no biological basis and does not belong in oral or written documentation. Use: "34-year-old who has hypertension" rather than "34-year-old African American who has hypertension"



Do not label patients

hypertensive → patient with hypertension
obese → patient with obesity
diabetic → patient with diabetes



Use the patient's perspective

no show → did not keep appointment
patient admits → patient describes
patient denies → patient reports no



Avoid blame

"Did not refill diabetes meds"
↓
"Transportation barriers prevented patient's ability to refill diabetes medications"